My Chains Are Gone

Psalm 40:2-3

This year's Music Workshop Worship theme is based on Psalm 40, verses 2 and 3. The third verse states that the Psalmist had a new song in his heart because he had felt the Lord had delivered him from personal problems that were poetically described as a horrible pit and miry clay. God's children often feel their lives and emotions can be described in terms of bondage. This year we will look at three areas of life experiences that ensnare the hearts of God's children and celebrate the deliverances of God over those "chains". The modern song "My chains are gone, I've been set free" resonates the concept of our theme. God is to be praised, and new songs are to be sung for He sets the "prisoners" free.

Day 1-Chains of The Heart.

The first day will establish the idea that God is a Deliverer. We will note the many words that the Bible uses to convey the "chains" from which God intends to set us free. Then after establishing the sense of the theme we will discuss the first division of bondages that we are studying. Our hearts are going to either be bound to God or bound to the world. Many sins are sins of our heart. Greed, hatred, prejudice, malice, pride etc. are heart problems that we need to be delivered from. It is a great joy to live a life of love.

Day 2- Chains of The Body

Addictions can enslave our bodies. Alcohol and drugs cause much destruction and sorrow. The allures of illicit sexual behaviors also lead to destructive pathways. These behaviors drive us away from God and cause much hurt, to ourselves and to those we love. How great the joy when we are able by God's good grace to leave such bondage and dwell in the holy abode of liberty that God has provided for our path.

Day 3 Chains of Grief.

Disease and Death and financial loss cause a sadness that is natural and part of being human. Yet, if we are not careful we can become ensnared in a prison of bitterness and hopeless despair. God has answers for our grief and they are liberating. In fact the last victory God has planned for us is the victory over death.

Some Suggested Scriptures That Will Be Tied To Our Study

Jesus The Deliverer

The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; Isaiah 61:1

The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, Luke 4:18

Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son: Colossians 1:13

Jeremiah In The Mire:

Then took they Jeremiah, and cast him into the dungeon of Malchiah the son of Hammelech, that was in the court of the prison: and they let down Jeremiah with cords. And in the dungeon there was no water, but mire: so Jeremiah sunk in the mire. Jeremiah 38:6

The mire of hateful enemies

Deliver me out of the mire, and let me not sink: let me be delivered from them that hate me, and out of the deep waters. Psalms 69:14

God's Spirit Free From Bondage

For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. Romans 8:15

Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God. Romans 8:21

Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty. 2 Corinthians 3:17

Hearts in Bondage

But they that will be rich fall into temptation and a snare, and into many foolish and hurtful lusts, which drown men in destruction and perdition. For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows. 1 Timothy 6:9-10

Before destruction the heart of man is haughty, and before honour is humility. Proverbs 18:12

Frowardness is in his heart, he deviseth mischief continually; he soweth discord. Therefore shall his calamity come suddenly; suddenly shall he be broken without remedy. These six things doth the LORD hate: yea, seven are an abomination unto him: A proud look, a lying tongue, and hands that shed innocent blood, An heart that deviseth wicked imaginations, feet that be swift in running to mischief, A false witness that speaketh lies, and he that soweth discord among brethren.

Proverbs 6:14-19

For I delight in the law of God after the inward man: But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! who shall deliver me from the body of this death? I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

Romans 7:22-25

Bodies In Bondage

Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.

1 Corinthians 6:18

Who hath woe? who hath sorrow? who hath contentions? who hath babbling? who hath wounds without cause? who hath redness of eyes? They that tarry long at the wine; they that go to seek mixed wine. Look not thou upon the wine when it is red, when it giveth his colour in the cup, when it moveth itself aright. At the last it biteth like a serpent, and stingeth like an adder. Thine eyes shall behold strange women, and thine heart shall utter perverse things. Yea, thou shalt be as he that lieth down in the midst of the sea, or as he that lieth upon the top of a mast. They have stricken me, shalt thou say, and I was not sick; they have beaten me, and I felt it not: when shall I awake? I will seek it yet again.

Proverbs 23:29-35

Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God. And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God. 1 Corinthians 6:9-11

The Grip of Grief

By the rivers of Babylon, there we sat down, yea, we wept, when we remembered Zion. We hanged our harps upon the willows in the midst thereof. For there they that carried us away captive required of us a song; and they that wasted us required of us mirth, saying, Sing us one of the songs of Zion. How shall we sing the LORD'S song in a strange land? Psalms 137:1-4

Oh that my grief were throughly weighed, and my calamity laid in the balances together! For now it would be heavier than the sand of the sea: therefore my words are swallowed up. For the arrows of the Almighty are within me, the poison whereof drinketh up my spirit: the terrors of God do set themselves in array against me. Job 6:2-4

The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow. Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul. Psalms 116:3-4

And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day? Luke 13:16

But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him. 1 Thessalonians 4:13-14

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away. And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write: for these words are true and faithful. Revelation 21:4-5